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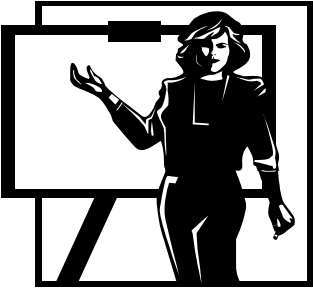
2009
Catalogue of
Occupational
Courses

Most courses taught at your
location if you have 10
or more students at
no extra charge

SouthwestFloridaSafetyCouncil.org

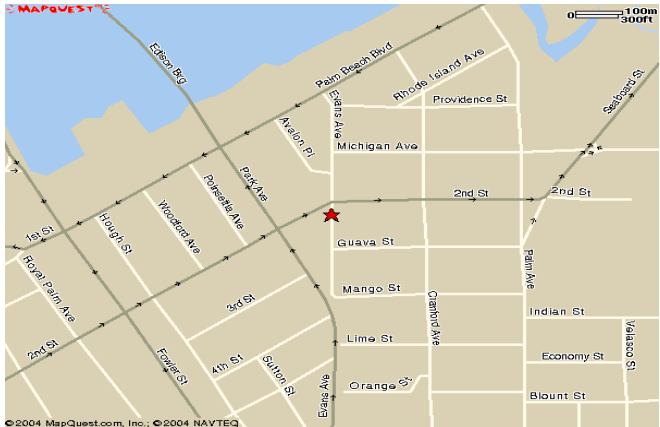


Our main office at 1714 Evans Avenue
Fort Myers, Florida 33901
Office Hours: 7:00a.m.-5:00p.m.
Monday—Friday 239-332-3008



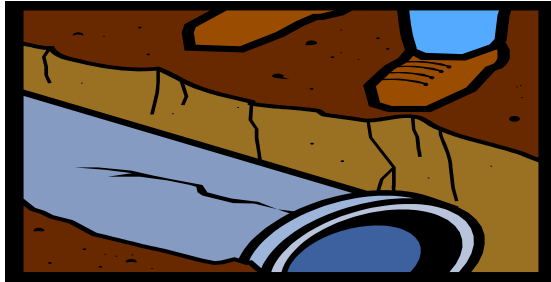
TRAIN THE TRAINER

This program is a two hour course designed to help the new trainer perfect his/her training abilities. It provides the trainer with the knowledge and skills to match individual learning styles. It covers communication skills, motivational skills & evaluation methods.



Cost of this Course:
Members: \$35.00
Non-Members \$45.00

For more information 1-800-437-3008



TRENCHING & EXCAVATION

This is a four hour course that will help participants recognize and avoid unsafe conditions in the workplace. Participants will be made aware of regulations applicable to their work environment to control or eliminate any hazards or other exposure to injury or illness. The guidelines for this course have been developed in accordance with OSHA regulations 1926.651 & 1926.652. A certificate of completion will be given to each participant.

Cost of this Course:
Members: \$45.00
Non-Members \$55.00

Get to know us

The Southwest Florida Safety Council, Inc. is a non-governmental, non-profit 501 © (3) corporation dedicated to promoting, encouraging, and supporting safety in industry, at home, on the highway and in the community. We have been serving southwest Florida for over 30 years.



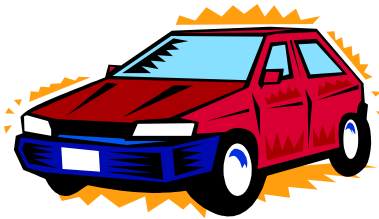


BACK SAFETY PROGRAM

This is a 3 hour program designed to make workers aware of the proper way to lift, stand and sit to help prevent back injuries. Back injuries are the second leading cause of missed workdays. More than 400,000 become disabled each year from these injuries which cost billions of dollars in medical treatment and lost wages.

Cost of this Course:
Members: \$35.00
Non-Members \$45.00

BASIC DRIVER IMPROVEMENT



This is a four hour course on how to avoid weather-related accidents, mystery crashes, and collisions with other vehicles, cyclists, pedestrians and fixed objects. How to deal with the unexpected on open roads, rush-hour expressways, urban side streets, and more. A certificate of completion will be issued to each participant.

Cost of this Course:
\$37.00 for single person from company or traffic ticket
\$500.00 flat fee for 20 people or less at workplace.
\$25 for each additional person over 20.

For more information I-800-437-3008

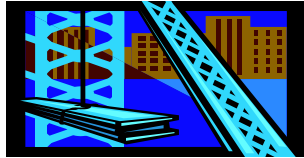


SPEAKERS BUREAU

The Southwest Florida Safety Council is able to provide speakers for businesses that do not necessarily need a "class" or "certification". Topics that can be presented include Driving Safety, Road Rage, Construction Safety, Fire Safety, Safe Lifting, Industrial Safety, Ergonomics, and Indoor Air Quality.

Cost of this Service:
Members: \$50.00 per hour
Non-Members \$75.00 per hour

For more information I-800-437-3008



STEEL ERECTION SAFETY

This is a 3 hour course that helps the worker understand the scope and coverage of the revised safety standard Subpart R. It covers the hazards associated with steel erection activities on single and multi-story buildings, bridges and other steel structures.

Cost of this Service:
Members: \$35.00 per hour
Non-Members \$45.00



Personal Protective Equipment Topics Include:

- ⇒ **General Requirements**
- ⇒ **Eye and Face Protection**
- ⇒ **Head Protection**
- ⇒ **Respiratory Protection**
- ⇒ **Foot Protection**
- ⇒ **Hearing Conservation**
- ⇒ **Hand Protection**

Cost of this Course
Members \$45.00
Non-Members \$55.00

With each topic presented, students will learn when and why to wear PPE, how to assure a proper fit, and how to care for the PPE. Also covers the "whys and how-tos" of workplace hazard assessments and equipment

For more information 1-800-437-3008

BLOODBORNE PATHOGENS



This is a two hour course that explains the effects of bloodborne pathogens, its transmission, the universal precautions, describes controls that reduce exposure, labeling, how cleaning the work surface and equipment will protect your employee from disease and post exposure reporting.

Cost of this Course:
Members: \$25.00
Non-Members \$30.00

This course meets the OSHA Bloodborne Pathogen Standard requirements for training. A certificate of completion will be issued to each participant.

COACHING THE BACKHOE OPERATOR



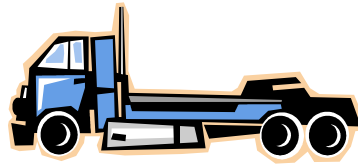
This two and a half hour course will train both experienced and novice backhoe operators on important safe operating procedures, including equipment inspection, moving and operating the backhoe, excavation and loading and unloading. A certificate of completion will be issued to each participant.

Cost of this Course:
Members: \$45.00
Non-Members \$55.00

For more information 1-800-437-3008

COACHING THE CONSTRUCTION VEHICLE DRIVER

This 3-hour course is designed to inform construction vehicle drivers of the DOT regulations surrounding construction vehicles on the road.



Cost of this Course:
Members: \$45.00
Non-Members \$55.00



COACHING THE READY MIX OPERATOR

This is a 3 1/2 hour course offering comprehensive coverage of collision-prevention techniques as they relate to the types of situations ready-mixed concrete drivers face daily. Includes; truck inspection, loading procedures, on-the-road driving techniques and worksite safety. A certificate of completion will be issued to each participant.

Cost of this Course:
Members: \$45.00
Non-Members \$55.00

Respiratory Protection Training

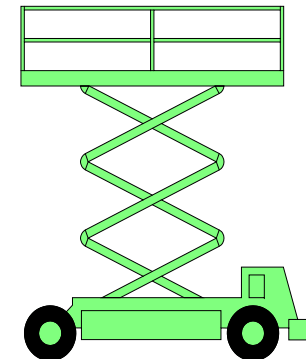
Topics covered include selection of respirators, medical evaluations, fit testing procedures, care and maintenance of respirators, and employer and employee responsibilities. Also outlines recordkeeping requirements and includes a copy of OSHA's respiratory protection standard (1910.134). 2hr. Class.



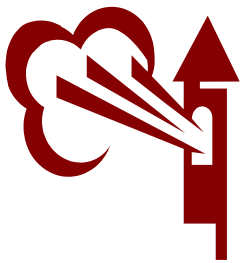
Cost of this Course:
Members: \$25.00
Non-Members \$30.00

SCISSOR LIFT SAFETY

This is a two hour course that includes the safety walkaround of the equipment and OSHA regulations on safe operation of lift.



Cost of this Course:
Members: \$25.00
Non-Members \$30.00



OSHA 10 HR GENERAL INDUSTRY

Topics Include:

Walking & Working Surfaces

Emergency Action Plans

Electrical

Flammable Liquids

PPE

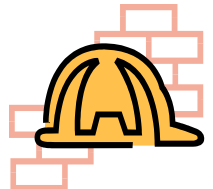
Machine Guarding

Hazard Communication

Bloodborne Pathogens

Safety & Health Programs

Cost of this Course:
Members: \$100.00
Non-Members \$125.00



OSHA 10 HOUR CONSTRUCTION

Topics covered are:

Electrical

Fall Protection

Cranes

Excavations

Material Handling

PPE

Scaffolds

Stairways and Ladders

Tools-Hand and Power

Cost of this Course:
Members: \$100.00
Non-Members \$125.00

For more information 1-800-

COACHING THE EXPERIENCED DRIVER II

This is a three and a half hour course for the driver with several years of experience, it is designed to counter bad driving habits frequently exhibited by experienced drivers. It presents proven driving techniques that can be quickly adopted by the experienced driver to improve driving performance.



Cost of this Course:
Members: \$45.00
Non-Members \$55.00

COACHING THE MATURE DRIVER

Is designed not only to introduce new safe driving information and refresh driver's understanding of basic defensive driving skills, but also to present techniques that can help offset the effects of aging on driver performance. Its non-lecture format keeps participants actively involved throughout. It also qualifies for insurance reduction in the state of Florida for persons 55 and older.



Classroom Course \$15/person
Online Course \$20/person
www.safedrivingsschool.com

For more information 1-800-437-3008



CONFINED SPACES

PERMIT REQUIRED CONFINED SPACE DO NOT ENTER *This 4 hour course is designed to train personnel in the standard 29 CFR 1910.146. This standard is "permit-required confined space" which is regulated space meaning only authorized employees possessing an appropriate permit may enter. The company must; identify its permit spaces, restrict access to authorized personnel, control the hazards through engineering or work practices, test, monitor, and inspect the space to ensure hazards remain under control and properly train rescuers. A certificate of completion will be issued to each participant.*

Cost of this Course:
Members: \$50.00
Non-Members \$65.00



Course Available in Spanish

CPR / AED

This is a four hour program that addresses all aspects of cardiopulmonary failure and utilizes real-life video. Certified instructors and the extensive use of individually assigned mannequins make our program a "state of the art" training experience. AED training includes recognition of unresponsive victims and operation of equipment. A certificate of completion will be issued to each participant that achieves 80% or higher in the final written test.

Cost of this Course:
Member: \$30.00
Non-Member: \$35.00

Maintenance of Traffic Intermediate level 16 hour Course #CEP51-01 approved for 12 CEUs for surveyors and mappers.



Cost of this Course:
Members: \$150.00
Non-Members: \$180.00

Course Objective: To provide direction for training requirements for personnel involved in the planning, design, implementation, and maintenance of work zone safety. Participants will gain knowledge and understanding of the equipment, techniques and procedures necessary to safely and correctly set up and maintain traffic. The information offered in this course is designed to upgrade the performance and knowledge of all personnel in safety practices and legal aspects of establishing work zones on State and Federal highways. By using visual and hands on techniques, this course will enable the participant to set up a safe and legal work area, as well as, create a safer environment for the public when approaching work crews maintaining the highways.

FDOT (Traffic Engineering, Topic # 625-010-010-a, page 1) states that persons possessing valid and verifiable certificates from approved courses shall be the only personnel approved to perform the maintenance of traffic activities for which they have been trained.

Maintenance of Traffic Intermediate 8 hour Refresher Course

If the students certification has expired they must take the 16 hour Intermediate course. If the certification has NOT expired, the student can take the 8 hour Intermediate Refresher Course

Cost of this Course:
Members: \$100.00
Non-Members \$125.00





HAND AND POWER TOOL SAFETY

Tools are such a common part of our lives that it is difficult to remember that they may pose hazards. workers must learn to recognize the hazards associated with different types of tools and the safety precautions necessary to prevent those hazards.

Cost of this Course:
Members: \$35.00
Non-Members \$45.00

ELECTRICAL SAFETY FOR CONSTRUCTION & GENERAL INDUSTRY

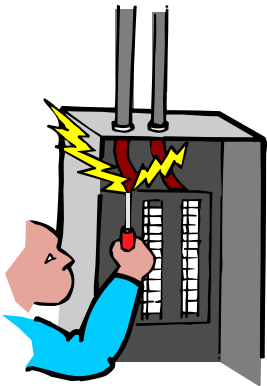
This is a 3 hour course designed to help a worker understand the seriousness of electrical hazards in the work-lace, understand the health effects of electrical current lowing through the body and recognize common electrical hazards in the workplace or construction site.



Cost of this Course
Members: \$45.00
Non-Members \$55.00

LOCKOUT/TAGOUT

This is a two hour course identifying the main purpose of the Lockout/ Tagout standard. Participants should be able to describe the scope, purpose, and application of the Lockout/Tagout standard as it applies to their facility. A certificate of completion will be issued to each participant.



Cost of this Course:
Members: \$25.00
Non-Members \$35.00



FIRST AID

This is a four hour course consisting of videos, lectures and hands on practical experience that will enable the participant to maintain life in the event of an emergency. Includes Bloodborne Pathogen training. This course meets OSHA, NATA, and MSHA standards. A certificate of completion will be issued to each participant achieving 80% or greater in the final test.

Course Available in Spanish

Cost of this Course:
Member 30.00
Non-Member- \$35.00

FALL PROTECTION



This course covers all of CFR-1926 Subpart M with a few important rules from Subpart L (scaffolds) and Subpart X (stairways & ladders) added for good measure. Falls from as little as 4 to 6 feet can cause serious lost-time accidents. Falls are also the leading cause of death in the construction industry. Arm your workers with the knowledge that they need to keep safe

Cost of this Course:
 Members: \$35.00
 Non-Members \$45.00

FRONT END LOADER SAFETY

This is a 2 hour course that includes a safety walkaround. department of Transportation regulations for transporting this equipment on the road and onsite safety procedures.



Cost of this Course:
 Members: \$25.00
 Non-Members \$35.00

FORKLIFT

This is four hours of classroom education and discussion on the design, inspection, maintenance and proper operating techniques for a safe forklift operation. The course fulfills OSHA training classroom requirements. A certificate of completion will be issued to each participant.



Cost of this Course:
 Members: \$50.00
 Non-Members \$75.00

 Hands on Training: \$50.00
 per hour

HAZARDOUS MATERIALS

The Hazard Communication standard (1910.1200) is the one OSHA has cited most often in the last 10 years. In plain English, this program will help your employees understand: Where to find, and how to read MSDSs. How to read HazCom labels, tags and signs. What employees should do if they discover an unlabeled container or no MSDS for a Substance. Where to find, and how to read a written hazcom program, and the importance of keeping it up to date. 4 hr. class.



Cost of this Course:
 Members: \$45.00
 Non-Members \$55.00